

MC3 Change Agent Schedule 2019

* All Meetings take place at Italian Community Center
631 E. Chicago St. Milwaukee
1-3:30pm (Registration begins at 12:30)



May 22 – The First 6 Sessions of Counseling: A Focus on Addictions and Co-occurring Disorders – Presented by Mark Sanders- Research reveals that clients with substance use disorders and co-occurring disorders make most of their progress within the first 6 sessions of counseling, yet nearly 50% of clients are no-shows at their second session. In this work shop you will learn: How to increase the probability that clients will make it to 6 sessions; how to increase first session attendance by 30%; 6 strategies to engage clients in counseling within the first 5 minutes of contact; how to increase second session attendance; the magic of three; goal setting; task centered approaches to accelerate progress ; overcoming resistance within the first 3 sessions of counseling; evidence based approaches which help clients successfully complete a minimum of 6 sessions including: feedback informed counseling; behavioral couples counseling; the use of motivation incentives and stage based interventions.

June – No change Agent Meeting

July 24- Neuroscience of Addiction - Presented by Flo Hillard- Research in neuroscience and behavioral health are continuing to uncover the underpinnings of how drug use, abuse, and addiction develop. This overview will describe the interplay between genetics, neurochemistry, emotions, and behaviors that lead to drug in simple language with examples of real peoples stories. Medication Assisted Treatment (MAT), co-occurring disorders, trauma, and recovery capital will be touched on among other emerging trends, evidence-based, and promising practices.

August- 28 - TBA

September 25- TBA Helping those with a Mental Illness or Substance Use Disorder to Quit Tobacco presented by Allison Gorrilla

October 23 – Human Trafficking, Trauma, and Opioids- presented by S. Michele Cohen, Ph.D., MA, LPC, LCPC; Thelma Newby, Ph.D., Debbie Lassiter, D.Div) This workshop will focus on the connection between human trafficking, trauma, and illegal drugs. Victims of human trafficking experience intense levels of trauma and use drugs during and after their captivity. Survivors of human trafficking often are controlled by drugs and leave captivity with posttraumatic stress disorder, Stockholm Syndrome, and other defense mechanisms to cope with the trauma.

November – No Change Agent Meeting

December 11- JINGLE MINGLE!

January 22 – TBA

February 26 - TBA



Who's Your Bucky?

Congratulations **Christine Swoboda** from La Causa! Christine was nominated by Mary McBride and this is what Mary had to say: Christine is our lead recovery specialist at La Causa. She is kind, helpful, funny and extremely resourceful. She is always willing to lend a helping hand. With consumers, Christine goes above and beyond to support them both with emotional support and community resources. Christine is very professional and she has great ethics. Way to go Christine!



Proudly Hosted by Milwaukee Behavioral Health Division

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