

MC3 Change Agent Schedule 2018

* All Meetings take place at Italian Community Center
631 E. Chicago St. Milwaukee
1-3:30pm (Registration begins at 12:30)



January 23rd 2019 – Gratitude – presented by Randall Kratz, MS, LCSW, LPC

February 27th 2019 - Self-Compassion, Empathy, and Boundaries: Essential Ingredients for Healthy Relationships – presented by Dr. Riggle

March – No Change Agent Meeting

April 24 – TBA

May 22 - TBA

June – No change Agent Meeting

July 24- TBA

August- 28 –TBA

September- 25- TBA

October – 23 – TBA

November – No Change Agent Meeting

December 11- JINGLE MINGLE!



Proudly Hosted by Milwaukee Behavioral Health Division

For More information: amy.moebius@milwaukeecountywi.gov





BUCKY BULLETIN

Who's Your Bucky? Congratulations Megan Wertz from

Project Access! Megan was nominated by Carolyn Nealy and this is what Carolyn had to say: Megan is a good leader. She doesn't mind jumping in to help the team get the job done. She always leads with patience and kindness! Great job Megan! This type of leadership is a perfect example of the MC3 welcoming way!



**COMMUNITY FAMILY FUN NIGHT
COA YOUTH & FAMILY CENTERS
2320 w BURLEIGH st, MILWAUKEE
THURSDAY, JANUARY 24, 2019 | 4:30 -
7:30 PM**

*100 Resource Fair Vendors *V100 Radio Personality will DJ live from the event

***Don't miss Milwaukee's Largest Family Line DanceAthon**

COME SHATTER THE MYTHS AND SHINE A LIGHT ON THE DANGERS OF SUBSTANCE ABUSE DURING NATIONAL DRUG AND ALCOHOL PREVENTION WEEK

*Dinner provided for first 250 participants!

Art from the Heart

February 7, 2019

Grand Avenue Club

3-6pm



Community Wellness Event

January 30th

Greendale High School

5:45- 7:00 Resource Fair

7:00-8:30pm Speaker Panel

Understand how mental health and substance abuse risk connect!

For more information: 414-423-2110