

## MC3 Values: What do they mean and how do we practice them?

Welcoming	“No wrong door”, validation, uplifting – encouraging and motivated attitude, being present/active listening, icebreakers, building rapport, sense of humor, knowing who is in their life/touching base about those people, creativity
Person-Centered Care	Allowing client to lead their care, empowering the person, relating to them as people and not just clients, encourage family involvement, personalized/individualized meeting facilitation
Trauma Informed Care	Understanding that behaviors are caused by unmet needs/experiences, self-awareness, role modeling when talking with others, awareness of triggers, educating others, acknowledging the struggle
Stage-Matched Planning	Recognizing youth and family can be at different stages for the same change, make plans from where the person is at in their recovery, create realistic goals
Service Integration	Collaboration during team meetings and with family, sustainability in providers, brainstorming/strategizing, task shifting, maintain consistency, reliability, validating providers for good work,
System Integration	Allowing for differences of opinions/roles, working toward common goals, advocating for/with client, communication
Cultural Intelligence	Open minded, eager to learn, engaging in activities outside of culture, offer to take your shoes off, flexibility, offering diverse experiences/options
Recovery	Allowing for detours, accepting of bumps in the road, celebrate victories, pointing out successes (no matter how small), encourage self-care
Co-Occurring Capability	Identifying needs of the whole person/family, taking them to get their glasses, making sure basic needs are met, leading by example (self-care)